

# Student Wellbeing Statement

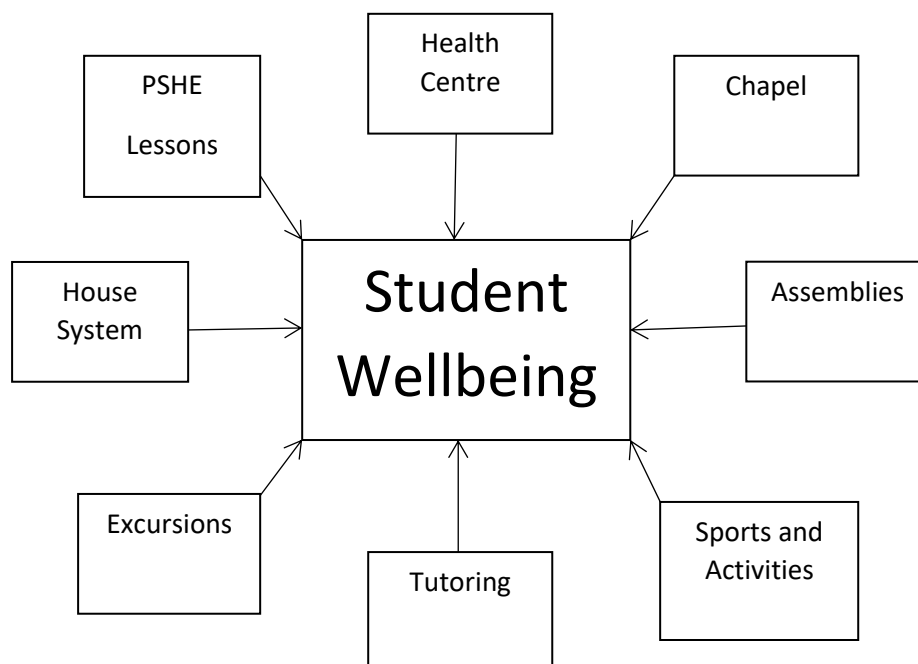
This statement has regard to the following documents:

- DFE Guidance 'Personal, Social, Health and Economic Education' 2013
- The statutory guidance for 'Relationships education, relationships and sex education (RSE) and health education (2019)'.
- PSHE Association
- Mentor-adepris.org
- DFE Guidance 'Promoting Fundamental British Values through SMSC' 2014
- The Equalities Act 2010 which states schools should ensure they strive to do the best for all pupils, irrespective of disability, educational needs, race, nationality, ethnic or national origin, sex, gender identity, pregnancy, maternity, religion or sexual orientation or whether they are looked after children
- DFE Guidance 'SMSC Development of Students in Independent Schools' 2014
- The 2006 Education and Inspections Act which placed a duty on Governing Bodies 'to promote the wellbeing of pupils at the school'
- KCSIE 2020
- DfE Guidance for Schools Coronavirus August 2020

## Student Wellbeing: How the school achieves this

In conjunction with the School Vision, the Wellbeing of students is enhanced by promoting British Values which:

- foster tolerance and harmony between different cultural traditions;
- enable students to acquire respect for public institutions and services in the UK;
- encourage respect for others;
- encourage respect for democracy and participation in the democratic process, including respect for the basis on which the law is made and applied in the UK.



**Health Centre**

- Students have access to 24 hour medical care from our School doctors and nurses.
- All of the nurses are trained in Mental Health First Aid
- There are two specialist Mental Health Nurses, both of whom have experience working for CAMHS
- There is also an in-house Counsellor.

## **Chapel**

- TSI students attend Chapel on Tuesday mornings each week and on occasional Sundays
- TSIMS students attend the local church in Kingston St Mary at regular intervals throughout the academic year
- Chapel services are designed to recognise and celebrate all faiths and also provide students with time for quiet reflection
- The Chaplain visits the TSI and TSIMS campuses at least once a week, offering spiritual and moral guidance where it is needed.
- The Chapel on site is always open for students who may wish to use this space for prayer or quiet reflection and the Chaplain, who lives on site, is readily contactable by email.

## **Assemblies**

The aim of the weekly assembly is to:

- allow the Principal/Head of Middle School to talk to the school community
- celebrate any individual and group achievements
- be aspirational
- aid personal development of the students (many of the assemblies are delivered by students)
- develop key PSHEE, SMSC and British values themes

## **Sports and Activities**

- All students are encouraged to take part in a wide variety of sports and activities, whether during the school day, after school or at the weekend.
- Formal Games lessons are held on Tuesdays and Thursdays.
- Students who are adequately competent in a sport may join a School team, playing matches/games on a Saturday afternoon
- Getting involved in sport and activities can help reduce stress and has clear health benefits.

## **Tutoring**

- Each student has a tutor and is part of a tutor group (normally 7 - 9 tutees).
- The tutor's role is to oversee the day to day management of each student's academic and personal development.
- The tutor sees their tutor group every regularly throughout the week
- All tutees will have at least two 1-2-1 tutorials every half term
- Issues discussed in PSHEE are often re-iterated in tutor groups with the Tutor chairing the discussion. Sometimes, these groups are mixed with other tutor groups.
- The Head of TSI oversees the Tutor system at TSI; the Head of Pastoral oversees the tutor system at TSIMS

## **Excursions**

- Most weekends, students have the opportunity to go on an excursion to places of local and national interest
- Excursions are designed to broaden students' horizons and to develop their understanding of British culture and values

## House System

- Every student is a member of *Foxcombe House* at TSI or *The Grange* at TSIMS.
- The House is a home from home
- Each House is run by a Housemaster or Housemistress (HM) who is supported by an Assistant House Master/Mistress and/or a Graduate Resident Assistant (GRA).
- If a student is having a bad day the House provides a sanctuary in which students look out and care for one another. In this way, not only do staff support the emotional resilience of the students but other students will also ensure this happens.

## PSHE lessons

- Every student has a 60- or 75-minute timetabled PSHE lesson every week.
- Our programme aims to develop the qualities and attributes students need to thrive as individuals, family members and members of society in different cultures and environments by addressing both students' direct experience and preparation for their future.
- The learning outcomes of this PSHE programme will be that students will:
  - know and understand the key concepts of Health & Wellbeing, Relationships and Living in the Wider World as appropriate to their relative maturity
  - be able to say and do the right thing in any situation without fear of retribution or ridicule
  - understand they have a right to be respected
  - understand they have a responsibility to themselves and others in society
- Throughout the course the Spiritual, Moral, Social and Cultural (SMSC) development of the pupil will be central including the active promotion of British Values to provide cohesion to the international students being taught.

Last updated/reviewed: September 2019

Deputy Head, TSI